

# Luke

Carefully Investigating the Gospel ... Together

## SSBC Luke Bible Study #98

*Take this Bible Study home and use it to guide your exploration of the scripture passage that next Sunday's sermon will be focused on.*

Passage: Luke 24:36-43

Sermon Date: Aug 19, 2007

### Who Will I Turn To?

When times of trials and uncertainty come my way, how do I respond? Who do I turn to? I wish I could say I always turn to the Lord to find hope, comfort and peace. But instead I often rely on my own strength or the world's solutions, and I end up mired in doubts and fears. This reveals that I still have much room to grow in my faith and my beliefs about who Jesus is and what he accomplished.

How did Jesus' disciples deal with their doubts & fears? A few days after Jesus' death, they sat stunned and unsure of what to do. Some others were saying they had seen him alive again. Then the disciples even saw him for themselves. Yet they still experienced doubts, fears, and worries! Aren't we more like them than we care to admit? If so, then we should listen carefully to Jesus' response to their fears and doubts. He is indeed risen and alive! And he has much to say to us. So let's turn to Jesus and let his Words soak into our hearts.

"Peace be with you." (Luke 24:36)

"Why are you troubled, and why do doubts rise in your minds? Look at my hands and my feet. It is I myself!" (Lk 24:38-39)

*These studies are produced by South Shore Baptist Church in conjunction with our weekly sermon series. Studies are distributed one week prior to the sermon as inserts in the church bulletin and are also posted at <http://sermonhouse.com/SSBC>. Sermons are also recorded and can be listened to later by visiting that same website. Have feedback or questions? Contact [studieditor@southshorebaptist.com](mailto:studieditor@southshorebaptist.com)*

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**Bible Study:**

1. Read this week's Bible passage in the NIV and The Message and use the following charts to note your observations and any questions you have.

Scripture	Your Observations & Questions
<p><b>Luke 24:36-43 – NIV</b></p> <p><sup>36</sup> While they were still talking about this, Jesus himself stood among them and said to them, "Peace be with you."</p> <p><sup>37</sup> They were startled and frightened, thinking they saw a ghost. <sup>38</sup> He said to them, "Why are you troubled, and why do doubts rise in your minds? <sup>39</sup> Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have."</p> <p><sup>40</sup> When he had said this, he showed them his hands and feet. <sup>41</sup> And while they still did not believe it because of joy and amazement, he asked them, "Do you have anything here to eat?" <sup>42</sup> They gave him a piece of broiled fish, <sup>43</sup> and he took it and ate it in their presence.</p>	

Scripture	Your Observations & Questions
<p><b>Luke 24:36-43 – The Message</b></p> <p>While they were saying all this, Jesus appeared to them and said, "Peace be with you." They thought they were seeing a ghost and were scared half to death. He continued with them, "Don't be upset, and don't let all these doubting questions take over. Look at my hands; look at my feet—it's really me. Touch me. Look me over from head to toe. A ghost doesn't have muscle and bone like this." As he said this, he showed them his hands and feet. They still couldn't believe what they were seeing. It was too much; it seemed too good to be true.</p> <p>He asked, "Do you have any food here?" They gave him a piece of leftover fish they had cooked. He took it and ate it right before their eyes.</p>	

2. Next, use this chart to **interpret some key observations**.

a. Select a few of your observations & questions from pages 2-3 that you find most interesting or important. Rewrite these below, and interpret and apply them using the columns to the right.

b. For each observation, begin to interpret by asking yourself these kinds of questions:

- What does it mean?
- Why is this important?
- What does this tell me about the Father? Jesus? The Holy Spirit?
- Are there other scriptures that could help me understand this?

<b>Observation</b> What does it say?	<b>Interpretation</b> What does it mean?

3. Now consider how you can **apply** the Word to your life. Look for:

- **S**ins to avoid
- **P**romises to believe
- **E**xamples to follow (remember "SPECK")
- **C**ommands to obey
- **K**nowledge to share

Don't just write things to write them – listen carefully to God's Word and what he seems to be teaching you, and look for relevant things that you're truly stirred to do. Then as you do them, God will help you learn, grow, and help others grow.

<b>Application</b> How do I apply what it means?

**Listen Carefully:**

4. How does Jesus' greeting in verse 36, "Peace be with you," relate to the mood of the disciples in verses 17, 37-38? (See also John 20:19)

5. How does Jesus' greeting, "Peace be with you," relate to your own mood lately? What aspects of your life are currently leading you toward feelings of fear, anxiousness, doubt, etc., such that you need to hear Jesus saying to you, "Peace be with you"?

6. What did Jesus do to try to convince his disciples that he was really alive? What did he show them?

7. Why is it significant that Jesus was/is really alive? What are the long-term implications of this?

8. Were the disciples finally convinced about the resurrection? (v. 41) Why or why not?

9. Are you convinced about the resurrection yet? Why or why not?

10. Respond to the following remarks or questions that Jesus spoke to his disciples in Luke 24:36-43. Imagine him saying these same things to you in response to whatever is going on in your life and in your heart today (write your name in each blank). What is the response of your heart to each of these?

" \_\_\_\_\_, peace be with you."

" \_\_\_\_\_, why are you troubled, and why do doubts rise in your mind?"

" \_\_\_\_\_, look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have."

" \_\_\_\_\_, do you have anything here to eat?"

11. What is the main point of Luke 24:36-43?

12. How does this main point relate to your life? How can you make application of it in your life this week?

Later Jesus appeared to the Eleven as they were eating; he rebuked them for their lack of faith and their stubborn refusal to believe those who had seen him after he had risen. He said to them, "Go into all the world and preach the good news to all creation."

Mark 16:14-15